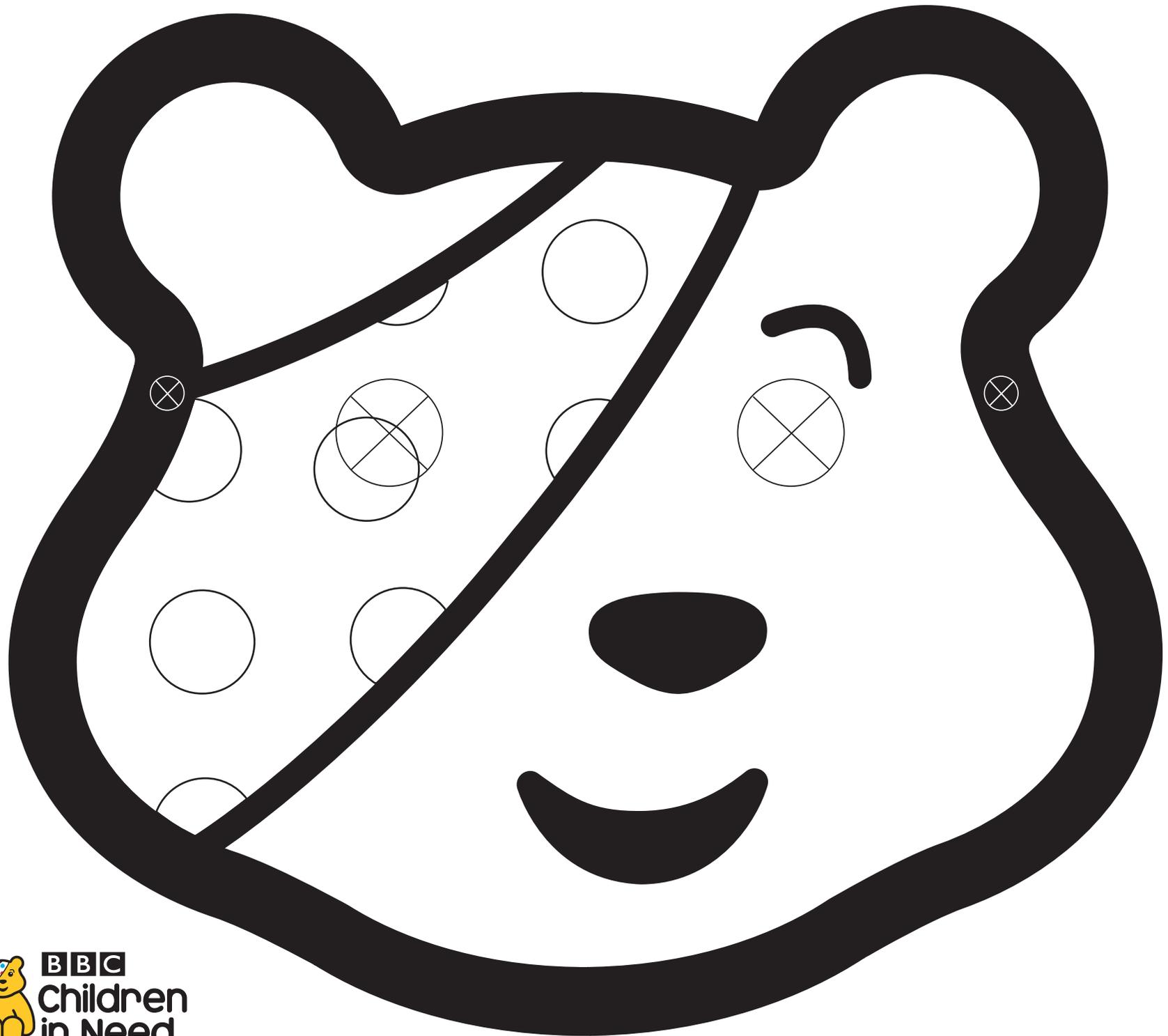


First, colour me in!

Then, ask an adult to cut out the mask and make holes where you can see 'x' marks on either side of the mask.

Simply thread some elastic through each hole and tie a knot at the front to fit.



show your  
**spots**  
let's raise lots!



**BBC**  
Children  
in Need