

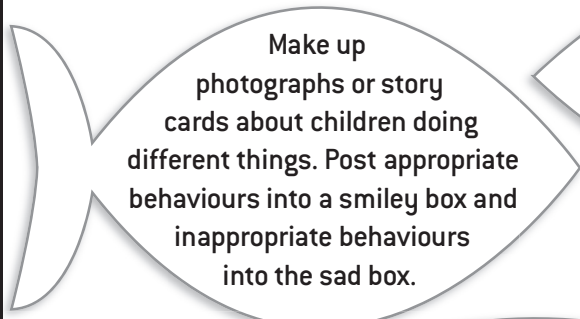
Play plan: OK to say NO

Name: Key person:

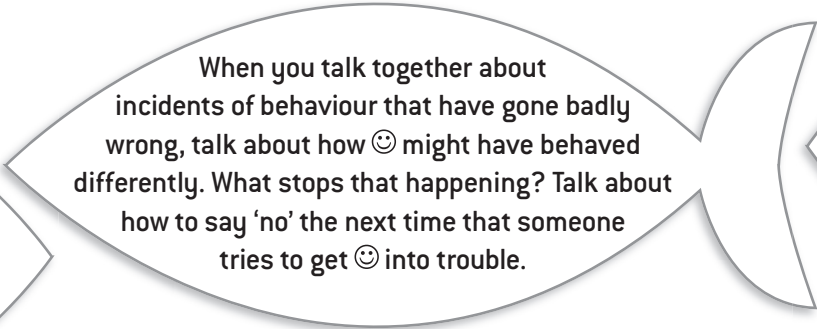
Area of Learning: PSED

Focus: Self-confidence and Self-esteem

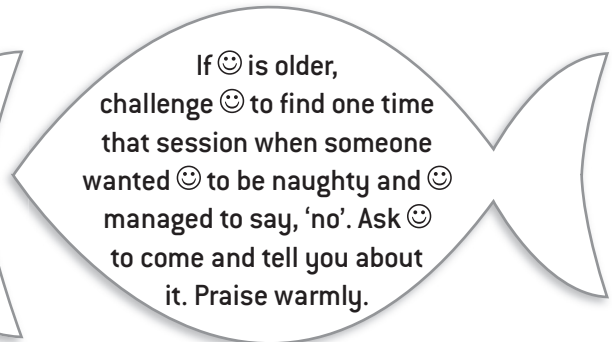
Individual target: Say 'no' when others try to lead me on



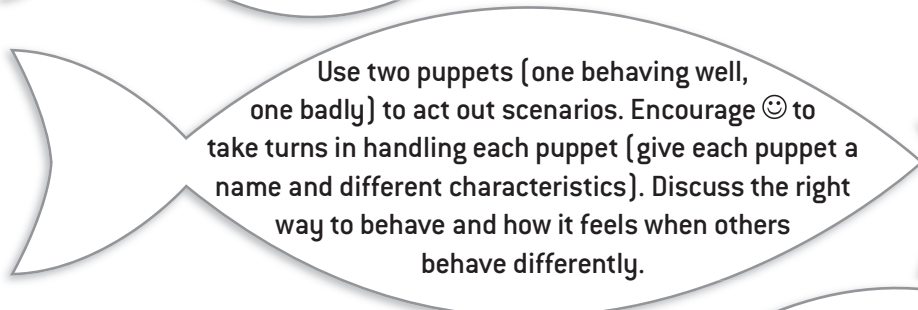
Make up photographs or story cards about children doing different things. Post appropriate behaviours into a smiley box and inappropriate behaviours into the sad box.



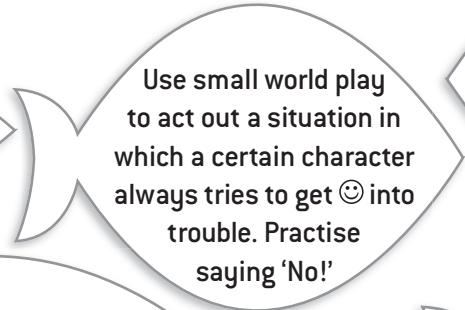
When you talk together about incidents of behaviour that have gone badly wrong, talk about how ☺ might have behaved differently. What stops that happening? Talk about how to say 'no' the next time that someone tries to get ☺ into trouble.



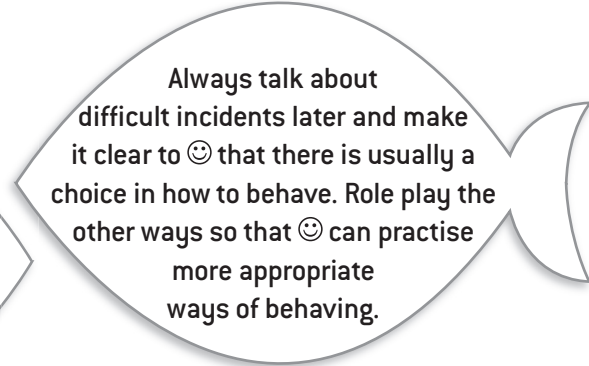
If ☺ is older, challenge ☺ to find one time that session when someone wanted ☺ to be naughty and ☺ managed to say, 'no'. Ask ☺ to come and tell you about it. Praise warmly.



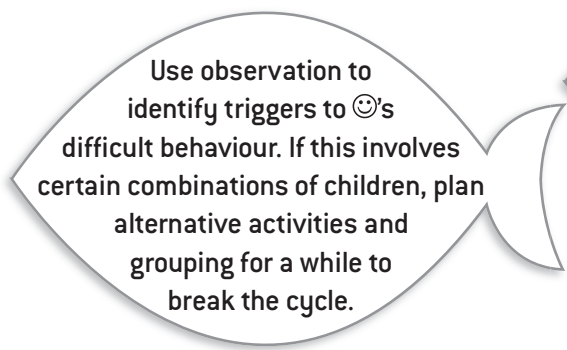
Use two puppets (one behaving well, one badly) to act out scenarios. Encourage ☺ to take turns in handling each puppet (give each puppet a name and different characteristics). Discuss the right way to behave and how it feels when others behave differently.



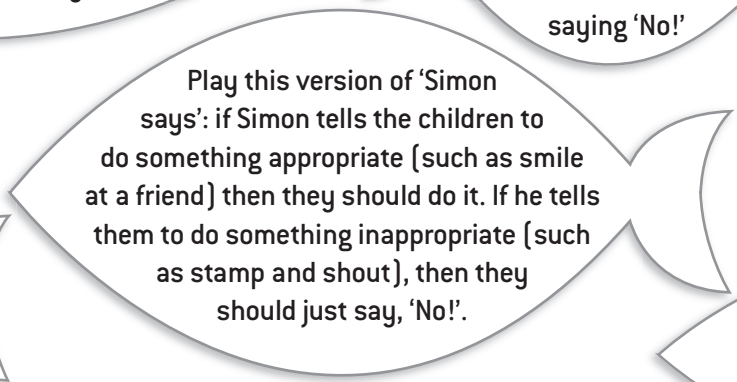
Use small world play to act out a situation in which a certain character always tries to get ☺ into trouble. Practise saying 'No!'



Always talk about difficult incidents later and make it clear to ☺ that there is usually a choice in how to behave. Role play the other ways so that ☺ can practise more appropriate ways of behaving.



Use observation to identify triggers to ☺'s difficult behaviour. If this involves certain combinations of children, plan alternative activities and grouping for a while to break the cycle.



Play this version of 'Simon says': if Simon tells the children to do something appropriate (such as smile at a friend) then they should do it. If he tells them to do something inappropriate (such as stamp and shout), then they should just say, 'No!'.

