

# Play plan: Making friends

Name: .....

Key person: .....

Area of Learning: PSED

Focus: Self-confidence and Self-esteem

Individual target: Demonstrate some friendly behaviour

Draw some simple signs to represent basic friendship rules – for example: ask don't snatch; smiley face; wait your turn; listen to each other; be kind. Point to them to celebrate and praise good friendship behaviour or to remind ☺ of the rules.

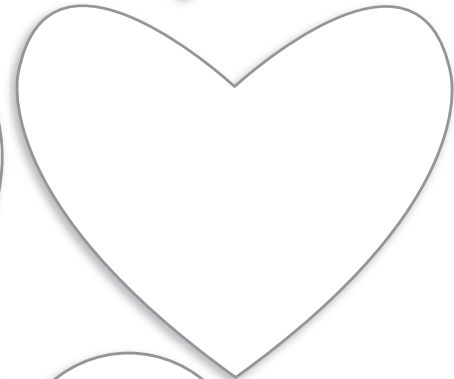
Play simple turn-taking games to introduce ☺ to: why games have rules; how to give and receive instructions; ways of finding out who goes first; working out what to do when it's not your turn; giving positive feedback to each other; and coping with losing.

Take photographs of ☺ 'being friendly' and talk about these together afterwards. What was ☺ doing that helped the other child know that ☺ was being a friend?

Help ☺ make up a game to play and then support ☺ while ☺ invites another child to try it out. Praise all signs of friendly behaviour specifically – 'Well done for giving Joe a turn too!'

Model friendly meetings and greetings with babies – as if they are saying hello to each other!

If other children have been put off playing with ☺, help ☺ reflect on what ☺ could do differently next time. Set up a fail-proof short play session (using your full support and supervision) to demonstrate to ☺ that it does work!



Give ☺ a special responsibility to 'be a friend' to a puppet or another child for one session. Stay close to support.

Use puppets and role play for ☺ to demonstrate and ask each other to play, how to negotiate what to play, how to compromise and how to work together so that each person has fun. Follow this up by reminding ☺ in real situations.

