

Ten in the Bed

How to use this song

Learning objectives

Stepping Stone

Compare two groups of objects, saying when they have the same number.

Early Learning Goal

Find one more or one less than a number from one to 10.

Group size

Ten children.

Props

Brightly coloured sheet.
Large blanket.

Sharing the song

Share this song during circle time or alongside the home area, and link to themes on 'Routines', 'Myself' and 'Families'.

Ask the children to sit around the sheet while they listen to the song.

Explain that you would like the children to be the 'ten in the bed'. How are they going to decide who will be the 'little one'? Suggest standing in a line from tallest to shortest, or using a height chart.

Invite the 'little one' to get into bed and ask the others to lie alongside them.

Suggest that the children practise rolling over before the song begins. Explain that the 'little one' is the last one to roll out of the bed, and consider which way they will have to roll to fall out at the opposite side. Will it matter if they roll in different directions? Why?

Cover the children with the blanket and play the song, following the suggested actions on page 35.

Play the song again, this time pausing between verses to guess how many there are left in the bed, and to count how many are

'in' and 'out' of the bed. Decide when these numbers are the same.

Use appropriate wording during discussions, saying, for example, 'We had nine and one rolled out. One less than nine is eight'. Ask more able children questions such as, 'What is one more than eight?'.

Activity ideas

- Make a wall display of bedtime routines, and arrange associated items, such as pyjamas, a towel and some soap, on a table below. **(PSED)**
- Invite the children to bring in a favourite bedtime toy and encourage them to talk about why they like to take it to bed. **(CLL)**
- Copy the photocopiable sheet on to card and cut out the pictures of different objects around the bold lines to form cards. Invite the children to put them into pairs of associated objects: toothbrush and toothpaste; hairbrush and comb; soap and towel; pyjamas and slippers. **(MD)**
- Help the children to create a bed from a box for ten small-world people, and make bedding from fabric scraps. Re-enact the rhyme with the props the children have created. **(CD)**

