



In Mexico!



1. Mix together:
200g wholemeal flour
50g margarine
120ml water.



2. Knead to form a
dough.



3. Roll the mixture into
10 balls and allow to
stand for 15 minutes.



4. Roll out the balls
into pancake shapes.



5. Cook the tortillas in
oil in a frying pan
away from the
children.



6. Add fillings, for
example, chopped
tomatoes, onion,
mushroom, garlic,
sour cream, pinch of
chilli powder, grated
cheese.



7. Roll up and enjoy
tasting together.