

Name: _____

1 The articles 'a' or 'an' are used when referring to something for the first time. Once the item has been mentioned, the article 'the' is used. For example, 'please get me the book' assumes that we already know which book is being referred to. 'There is a river by the park' suggests that this is the first time we have heard about the river. Fill in the missing gaps with the correct article — 'a' , 'an' or 'the'.

- a "That must be _____ film crew your mum said she'd seen."
- b She watched over her shoulder as _____ chain came closer.
- c He realised that she was having _____ asthma attack.
- d Leaning over _____ safety bar, Rebecca felt relaxed and happy.
- e First he did _____ mute, grabbing the toe-side edge of his board.
- f She pulled off her gloves and found _____ chocolate bar.
- g There was someone wearing a yellow jacket with _____ orange V on it.
- h "I can see _____ instructor," John told Rebecca.

2 An adverb is a word that ends in 'ly' and describes how something happens. For example, 'quickly'. Search the text for the following adverbs and fill in the table below.

Meaning	Page	Adverb
Trying to be heard	4	
Feeling annoyed	4	
Bulky	5	
Very bright	7	
After some time	10	
In a relaxed way	10	
With regret	10	
Wheezing	12	
With concern	13	

Looking back and making connections

On the other side of this page, write down an action plan that Rebecca can put into place for when she has another asthma attack.

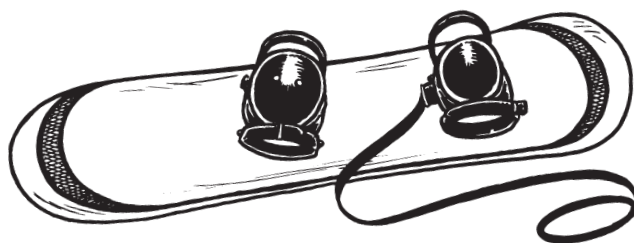
Catching Air!

Name: _____

- 1 'Practice' and 'practise' are spelt similarly. *Practice* is a noun (e.g. doctor's surgery). *Practise* is a verb (e.g. to practise). Find the following words in the text and list whether they are nouns or verbs.

Page	Word	Letter Pattern	Noun or verb?
4	Advice		
5	Practising (practise)		
7	Realised (realise)		
8	Surprise		
9	Practise		
10	Notice		
13	Office		
16	Novice		
22	Rising (rise)		
31	Recognised (recognise)		

- 2 You are a ski instructor. On the back of this sheet, write step-by-step instructions explaining how to perform a tail grab, a mute and an indy. Use the text and the glossary to help you.



- 3 On the back of this page write a list of the lessons that Rebecca learnt from her trip to the snow. (These can include the things that Rebecca observed.)