

REVISION MAP THE ROAD TO SUCCESS

HOW TO REVISE!

Get ahead by planning your revision!

PLAN YOUR REVISION

Work out the time you have available for revising.

Allocate **MORE TIME** for the topics you struggle with.

Revision works best in small bursts, so keep sessions short and sweet!

Remember to allow time to practise applying what you have revised.

Use your revision app to put together a revision timetable.

Think about when you work at your best. Are you a **morning** or an **evening** person?

LOOK AFTER YOURSELF

Help your brain by looking after your whole body!

Keep hydrated by drinking plenty of water – dehydration stops your brain from working at its full capacity.

Take regular breaks from revising – your brain needs time to digest information in order to retain it.

Regular exercise helps stimulate the brain and will help you relax.

Get plenty of sleep, especially the night before an exam.

EAT WELL and limit unhealthy snacks – your brain needs fuel for memory and concentration.

Find methods of relaxation that work for you throughout the revision period.

BE PREPARED!

Limit potential stress on the day of an exam by getting everything you need ready the night before.

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Highlight key pieces of written information and use different colours to classify it.

Annotate and summarise your class notes and revision pages.

REMEMBERING INFORMATION

Use different methods to digest information!

Revise in pairs or small groups and deliver presentations on topics to each other.

DO IT!

Take an active approach to revision. Create revision cards, lists, mind maps, flow charts and infographics like this one.

SNAP IT!

Use your phone to take pictures of your revision material so that you can revise on the go!

Create a safe place to store all of your revision notes and keep everything together.

Use mnemonics or songs to help learn tricky bits of information.

REVIEW IT!

Revisit the content you have already revised to confirm your understanding.

RETRIEVING INFORMATION

Use the information you have remembered!

Practise applying your knowledge using **exam-style questions**.

READ THE QUESTION CAREFULLY!

Make sure you understand what you are being asked to do.

CHECK IT!

Make sure you know the material using simple recall questions.

Mark your work to help you see where you can improve.

FOR HIGH-MARK QUESTIONS, SPEND TIME PLANNING YOUR ANSWER!

Stick to the **TIME LIMITS** you will need to in the exam.

FINISH